



# UPK At-Home Learning Activities Calendar

WEEK OF JUNE 1-5

**THEME: CATERPILLARS & BUTTERFLIES**

## MORNING

## AFTERNOON

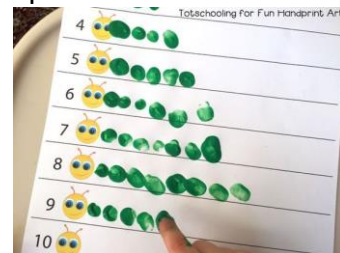
M

1. Use your bodies to act out each of the stages of a caterpillar:



2. **Letter Hunt:** Find 5 items in your house or outside that begin with the letter **Cc** for **caterpillar**, **Bb** for **butterfly** and **li** for **insect**. Practice writing 5 Cc, Bb and li. Circle your best ones!

1. Write your first and/or last name in water, shaving cream, salt, or flour.
2. Write the numbers 1 through 10 going down the side of a piece of paper. Draw a caterpillar head next to each number. Next, using a stamp pad or paint, make that many thumbprints next to each number to complete the caterpillar.



T

1. **Coco the Butterfly Cosmic Yoga:**  
<https://www.youtube.com/watch?v=pT-s1-phgxs>

2. **Read World of Insects: Butterflies**, a nonfiction book and **Waiting for Wings** by Lois Ehlert, a fiction book. What is the difference between fiction and nonfiction?  
<https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k-week-3.html>  
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1. **Hole Punch Butterfly:** Draw a butterfly on a piece of heavy paper. Cut out around it. Using a hole punch, make holes around the edge of the butterfly. Weave a string in and out of the holes.
2. **Shape Caterpillars:** Draw and cut circles and rectangles out of various colors of paper, or color with crayons/markers. Glue the circles in a line to be the body and glue rectangles for the legs and antennae. Decorate. Don't forget to label your picture—what does caterpillar start with? Legs? Body?

W

**1. Exercise: Butterfly Flaps**

Place the soles of your feet together in front of your body and hold them in place using your leg muscles. Put your hands on your feet or ankles. Have a family member call out numbers, and you do that many butterfly flaps (keeping your feet together, have your legs go up and down).

**2. Review the alphabet with The Very Hungry Caterpillar.**

[https://www.youtube.com/watch?v=0\\_pMkG2-fQQ](https://www.youtube.com/watch?v=0_pMkG2-fQQ)

1. **Cut 10 different lengths of string or yarn to be caterpillars.** Put them in order of shortest caterpillar to longest caterpillar.
2. **Make a fun butterfly afternoon snack** with crackers, grapes and pretzels. Or ½ bagel and fruit “antennae.” Use your imagination!



T

1. Act out this song:

**Little Butterfly**

*(sung to I'm A Little Teapot)*

I'm a little butterfly

I have wings

I fly around

And see all things.

When I see a flower

That looks great

I call out

To all my mates.

2. “Butterfly” is a compound word. That means it has 2 words that are put together to make a new word. butter + fly = butterfly. **Can you think of 2 words that rhyme with butter? How about fly? They can be silly or real words!**

1. **Butterflies are symmetrical.** That means the wings on each side of the butterfly are the same. Draw a butterfly. Decorate one side of the butterfly with shapes, lines or some other design. Now do the same thing on the other wing so your butterfly is symmetrical. If using paint, paint one side of the butterfly. Fold in half and press down slightly. Open it up and the wings will be the same!



2. **Addition:** Once there were 3 caterpillars munching on some leaves. Along came 3 more caterpillars. How many caterpillars were there in all? **Draw a picture and write a sentence.**  $3 + 3 = \underline{\quad}$

F

1. **Dance party– Butterfly Dance!**  
[https://www.youtube.com/watch?v=Lkza\\_tRlNR](https://www.youtube.com/watch?v=Lkza_tRlNR)  
E
2. **Enjoy a good book** with a stuffed animal, pet, or family member. If you can, send a video or picture to someone you love showing you reading

1. **Handprint Butterfly**



2. **Caterpillar patterns:** Draw circles on a piece of paper in a caterpillar shape. Use watercolors, crayons, markers or pom poms to make a pattern! See if someone in your family can figure out your pattern.

